

A BOOT UP THE NORFOLK BROADS BOOK ONE

Tony Rothe

The Pixz Boot Up Series is fast becoming a phenomenon in local walks books that attract families and others to exploring the countryside in a leisurely way. It includes short walks for those living in or visiting popular areas of the country, written by those who know the area well. They provide a healthy hour or two of exercise, exploring parts of Britain's countryside that the casual visitor might otherwise miss, pointing out interesting features along the way. These are perfect walks for families.

Tony Rothe has already produced two books in the Boot Up Series based on walks on the North Norfolk Coast. In this book he wanders further afield and provides ten exhilarating walks on the Norfolk Broads. As the author says in his introduction: "Much of the area's charm, stems from its isolation and inaccessibility. Many of these walks take you along riverbanks, giving you glimpses of open water of the Broads where possible. The ten walks in this little book explore the area around four Norfolk rivers, the Yare, the Bure, the Ant and the Thurne. The landscape includes rivers, shallow lakes, woodland, fens, grazing marshes and farmland, usually in a context of startling beauty, and with an amazing variety of wildlife habitats – walks to appeal to everyone."

The ten walks included here are:

- BURE – BUXTON: RIVERBANK TO OXNEAD •
- BURE – COLTISHALL: HORSTEAD MILL TO LITTLE HAUTOIS •
- YARE – THORPE ST ANDREW: WHITLINGHAM BROAD AND RIVER YARE •
- BURE – SALHOUSE: TO AND FROM THE SALHOUSE BROAD •
- ANT – LUDHAM: LUDHAM BRIDGE AND THE RIVER ANT •
- BURE – LUDHAM: ST BENETS ABBEY AND THE RIVER ANT •
- THURNE – LUDHAM: WOMACK WATER AND HORSE FEN •
- THURNE – POTTER HEIGHAM: RIVER THURNE AND HORSEFEN BANK •
- THURNE – HORSEY: HORSEY MERE AND MARSHES •
- YARE – BURGH CASTLE: ROMAN CASTLE AND ANGLES WAY

ABOUT THE AUTHOR

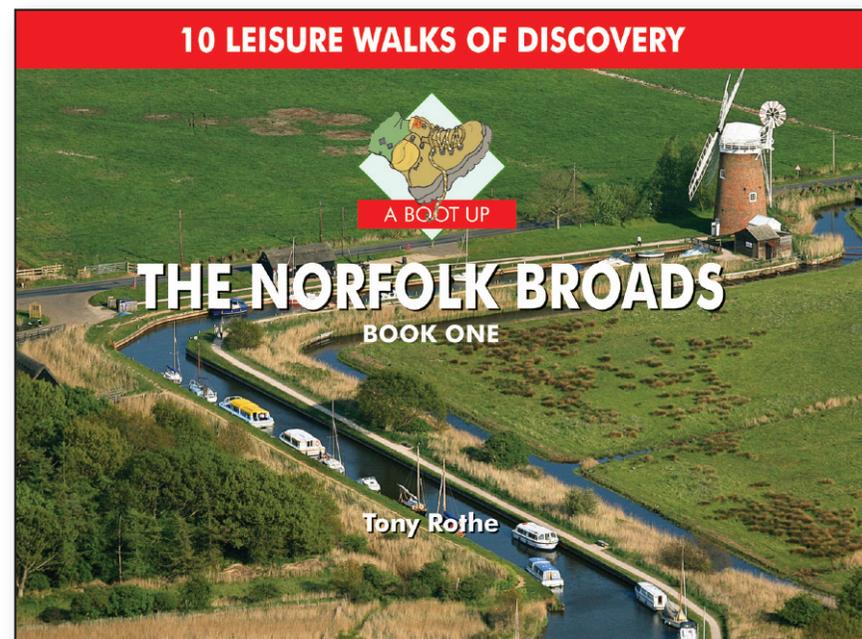
Tony Rothe has lived all his life in Norfolk, and has a passion for the North Norfolk coast. Living in Norwich as a lad, he was never happier than when staying at his parents' caravan at Beeston Regis, where he would spend many happy hours walking on cliffs and beaches, or cycling through the countryside, enjoying the wide open skies, the surging, hungry waves, or just the stunning coastline views. He lives in Sheringham, with his wife Maggie and two children, and works now as a children's instructor at a local Field Study Centre, after many years of producing sales statistics for a major insurance company. He is the author of *A Boot Up the Norfolk Coast Book 1* and *A Boot Up the Norfolk Coast 2* in this series.

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Potter Heigham Bridge from the west.



Traditional sailing boat on the River Bure.



Ludham Bridge North Drainage Mill.



Sailing dinghy tied up by Horsey Mill.



Looking north-west over Coltishall and the River Bure (courtesy Mike Page).

To and From Salthouse Broad

View north over Salthouse Broad.

Ludham Bridge and the River Ant

5 Ant – Ludham: Ludham Bridge and the River Ant

Riverbank walk and a stroll through farmland

This is a lovely walk along the east bank of the river Ant, returning along some farmland paths, and a short stretch of road to finish. The River Ant is the narrowest and northern-most of the Broad's rivers, rising at Dilham, where it connects with the new Broad and overgrown North Washam & Dilham Canal. The Ant's twisting, shallow route takes it through trees and needs to meet the River Bure about half a mile south of Ludham Bridge. It runs through Salthouse Broad (to the north of this walk) which is the second largest of the Norfolk Broad, and is home to numerous wildlife, including many species of birds, fish and even otters,

following a multi-million pound cleanwater project a few years ago to remove silt from the broad.

Level: 10

Length: 1.2 miles

Terrain: Grass paths – uneven and high in places.

Start/stop: Small layby on the A1062 to the east of Ludham Bridge (E16)

Map ref: TG 373171 (nearest postcode: NG29 5AK)

Refreshments: Shop & Restaurant by bridge, The Inn at Johnson Street

Tickets: None (cash)

Transport: Sander bus 701 (school term time only)

Pushchairs: No

Example of a double-page spread.